



The People's Takeaway



THE NEWSLETTER FOR EAST DURHAM'S FLAGSHIP PROJECT

NUMBER OF MEALS DELIVERED:

644

AS OF:

7TH SEPT 2018

ACTOR ALUN ARMSTRONG LAUNCHES THE PEOPLE'S TAKEAWAY KITCHEN



On the 4th September, New Tricks actor Alun Armstrong officially launched the People's Takeaway project with the ceremonial cutting of a pizza.

Alun who grew up in Anfield Plain, County Durham, said; "I'm the son of a pitman myself so all of the terrible things that have happened to the villages since the collieries were closed, and the deprivation and the hardship of the people living in these areas have suffered, has always been close to my heart. So if there's anything I can do to help these initiatives which are helping them, then I will. I think this one is particularly impressive. There is an element of fun to it and why shouldn't there be?"

The project will now be operating every Friday, providing people in need with hot delivered food. CEO Malcolm Fallow sees the project as a natural extension of the foodbank and says; "what we've basically tried to do is take out that barrier that stops people coming forward".



Alun Armstrong meets the People's Takeaway Volunteers



Alun samples some People's Takeaway pizza!



CEO of East Durham Trust Malcolm Fallow, being interviewed by BBC Look North



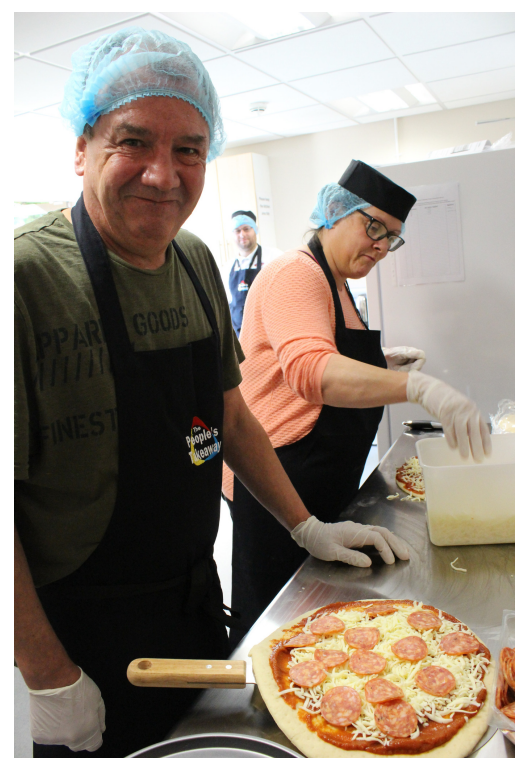
Representatives from Comic Relief, Big Lottery Fund and County Durham Community Foundation attended the launch

FROM CUSTOMER TO HEAD CHEF! DAVE'S STORY...

The People's Takeaway kitchen is staffed by a hardworking team of volunteers, without whom the project wouldn't be possible. One of those volunteers is Dave, who has himself benefited from the project.

Dave was a chef for Durham County Council for 25 years until he was made redundant a couple of years ago. Since then East Durham Trust has offered him various support and Dave was one of the first to receive a People's Takeaway.

Dave is now putting his chef skills to good use as a volunteer in our People's Takeaway Kitchen! He says he really enjoys making the pizzas and taking other volunteers under his wing, teaching them how to cook.



As demand for meals continues to rise, we look to some of the stories from local people in need of support who have benefited from this new initiative...

KATE'S* STORY



*Name has been changed to protect the identity of the individual

CASE STUDY

Kate* is currently living in an abusive situation which she is looking to escape. Due to financial abuse from her partner Kate* was struggling to feed herself and her four children, two of which are under 3.

This alongside the stopping of her benefits and the recent cost of school uniforms for her eldest two children led to Kate* being in desperate need of help. East Durham Trust is currently supporting Kate* with her situation including providing a FEED parcel and a delivery from the People's Takeaway to ensure her and her four children had a hot meal.

CASE STUDY

Jon's* baby has relied on food parcels from East Durham Trust since being born 3 months ago. Jon* moved back in with his partner following the birth of their baby which resulted in his benefits being changed and the family being moved onto Universal Credit. This has a minimum wait of 6 weeks with no money. A mistake in their healthy start application resulted in milk vouchers not being available and lack of funds meant they couldn't afford nappies.

The family have 3 children under ten and a large amount of debt which meant that even when they finally received their benefits a huge chunk was deducted to go towards debt repayments. The Trust continues to support Jon's* family and the People's Takeaway provided them with a hot meal.

JON'S* STORY



*Name has been changed to protect the identity of the individual

IN THE NEWS...



You might have spotted The People's Takeaway in the news recently, as the launch event captured the attention of the media, including coverage on BBC Look North and front covers on local papers like the Hartlepool Mail and East Durham Life.

VOLUNTEER'S GET READY TO DELIVER!



On 20th and 21st August our People's Takeaway volunteers achieved their food hygiene qualifications ahead of starting to run deliveries from Community House and they were presented their certificates as part of the launch!

Along with the training volunteers were properly inducted, introduced to the pizza oven and kitted out with People's Takeaway aprons (and very stylish hair nets!).

If you're interested in volunteering please do not hesitate to get in touch with Lindsey on 0191 5693511



WHAT'S NEXT?

MORE DELIVERY DAYS

Currently our People's Takeaway makes deliveries on a Friday but as the project grows, we receive more referrals and recruit more volunteers we'd like to be delivering hot meals to people in need every other day of the week.



THE ART CAFE

The Trust currently has a bid in with a major funder to extend the side of our building to include an arts café as the next natural step of the takeaway. Here we'll run sessions on an evening with hot food prepared for local people in need to take away with them. This will be another step to overcoming the stigma and dignity barriers that exist when getting support from services like food banks.

THANK YOU FOR YOUR CONTINUED SUPPORT

This year we will see many people in East Durham with nowhere else to turn, supported by our new People's Takeaway initiative.

This has only been made possible by the kind support of the people below:

Angela Abbott • Alun Armstrong • Brendan Atkinson • Graeme Atkinson • Trevor Atkinson • Ben Ayrtton • Ann Bainbridge • Eric Bainbridge • Joanne Baker • Mark Bell • Susie Bolchover • Lisbeth Bourne • Denise Brookes • Chris & Annabel Burns • Emily Burns • Paul Callaghan • Laura Cassidy • Jean Connor • C Cooke • County Durham Housing Group • Stefano Cremonesi • Lucy Critchley • Michael Crowder • Gillian Cruddance • Brodie Cyster-White • Martin Davey • Lena Devine • Jacqueline Dooley • Kevin Dosdale • Dr Steve Drury • Harinder Dulai • Durham Miners Association • East Durham College • Sarah Fairclough • Ellen Fallow • Glen Fallow • Glenda Fallow • John and Lizzy Fallow • Madelaine Fallow-Hudson • Malcolm Fallow • Nigel Fallow • Raymond Fallow • Rory Fallow • Elizabeth Fekete • Winifred Finley • Frankie and the Heartstrings • Yvonne Frost • Maureen Gilbert • Gloria Corton • Graham Grundy • Toby Hardwick • Rona Hardy • Will Haughan • Deborah Heckles • Jillian Hindmarsh • Alice Howard • Howlatch Residents Association • Richard Howard • Stephen Hudson • Jess Hunt • Colin Jackson • Elis James • Karen Jones • Anne Jefferies • Dr Heather Kelly • Eleanor King • Hannah King • Leslie King • Alex Kirton • Labour Party Easington • Audrey Laing • L Langley • Left Field Durham • Elizabeth Leicester • Dr Iain Lindsey • Myrtle MacPherson • Dave McKenna • Marion McKenna • Dr Lewis Mates • Andy Matfield • Emma Maxwell • Alan Miller • Angela Miller • Sue Miller • Katy Mitchell • Grahame Morris MP • Grahame Morris' Office • David Murphy • NCS North East Students • Paul & Debbie Noble • Alys North • Alison Nutter • Marc Oliver • Nicole Orr • Dr Andrew Orton • Pam Parkin • Everyone from the People's Bookshop • Pop Recs Ltd • Fraser Raitt • Sanjee Ratnatunga • Katrina Roberts • John Robins • Svetlana Robson • Louise Sanders • Sue and Steve Sanderson • Audrey Segell • Julie Shaw • Ambalavaner Sivanandan • Kathryn Slater • Alan Smith • Joe Solo • Mary Stratford • Sharon Tait • Lisa Taylor • David Temple • Rachel Thompson • Kathryn Thubron • Claire Usher • Tony Walsh • Jack Warne • Una Wilding • James Williams • Mary Winn • Lindsey Wood • Paul Woodhead • Kathleen Wotton •

