



East Durham Trust
Moving our community forward

May 2015

FEED Update

Public donations have helped to create **Food parcels** which have been delivered to people in crisis situations – examples have included individuals suffering mental health problems, temporary residents in a Women's Refuge, individuals starting employment with a gap in their income, victims of robbery, families affected by changes to benefits, plus many more situations which can spiral individuals and families into a crisis. Needless to say they made a massive difference to the recipient.

Jessica's story

Jessica left her partner because she was a victim of Domestic Violence. She has taken her three children with her however her partner has left her with nothing because he has taken all of her money and cards, leaving her homeless and unable to buy food. Harbour are working to help her find alternative accommodation and get her set up independently.

**During April and May
a staggering
269 people
Have been supported
by FEED**

Leaflet designed by FEED Volunteer Claire



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EAST DURHAM TRUST FEED PROJECT

FEED Volunteers



Ken



Dave

A huge part of the FEED project is our volunteers who give up their time every week. Without them we wouldn't be able to support all of the people we do. THANK YOU to all of our volunteers!

If you'd like to volunteer contact us on 0191 5693511

Colin's Story

Colin, 40 from Peterlee, has been referred to East Durham Trust by his GP. He works full time along with his partner and has got into a lot of debt, after trying to pay the debts each month there is no money left over for anything else including food. He has been referred to Stepchange, Welfare Rights and CAB. After receiving the emergency food parcel Dave called the Trust to say thank you and emphasised what a big help it was.

Helen's Story

Helen*, 20 from Shotton has started a new job and is no longer on benefits. She doesn't receive any pay for another month and won't receive any benefits so is really struggling to get by. A food parcel will support her the short term until she gets paid and starts to have a regular income.

Thank you to all who have donated and for caring about others less fortunate than ourselves.

Every Item Counts!!