

**WE NEED YOU!**  
**Your donations will help us support individuals and local families this summer**

**For more information on the FEED project contact us on 0191 5693511**



## FEED Update June 2016

Public donations have helped to create almost 6000 **Food Parcels** which have been delivered to people in crisis situations – examples have included individuals suffering mental health problems, temporary residents in a Women’s Refuge, individuals starting employment with a gap in their income, those recently home from hospital, families affected by changes to benefits, redundancy and so much more.

Now more than ever we rely on your support to keep the FEED project going. With the summer holidays approaching fast we know there will be an **increase in demand** for food parcels from families who struggle financially to feed their children whilst they are off school. Please continue to donate.

## ADDITIONAL SUPPORT FOR THOSE AFFECTED BY DOMESTIC ABUSE

Police Crimes and Commissioner Ron Hogg visited the Trust to see the valuable work that goes on as part of the FEED project. East Durham Trust has recently been fortunate enough to receive additional support from Ron Hogg to expand the FEED project to include extra assistance and items for those affected by Domestic Abuse. This includes baby food, nappies, sanitary products, toiletries, cleaning products and toilet roll. We have already seen excellent uptake of this extra help at a time when unfortunately instances of domestic abuse are at their highest.



### Megan’s\* Story

Megan was brought into the Refuge with her 2 week old baby, she suffered Domestic Abuse from her ex partner also had no fixed abode. She was supported through the FEED Project and was supplied with Nappies and food for herself which helped her until she received further



\*Names have been changed to protect the identities of FEED beneficiaries.

## THANK YOU TO LOCAL BUSINESSES AND COMMUNITY SUPPORT



We have several donation points around the area in various community venues and local businesses which enable people to donate to the project. It's this generosity that allows the project to continue to offer support to the people of East Durham and we are grateful for the continued support.

Donations have come from a wider range of places including ASDA Peterlee, Easington CofE Primary School, Peter Lee Memorial Methodist Church, East Durham Homes, Thornley Library, St Andrews Church Blackhall, Acre Rigg School, Horden Victory Church, Peterlee Church of the Latter-day Saints and many more! It would be impossible to list everyone here who has contributed but East Durham Trust and the FEED project would like to thank you all for everything you have done.

### CALL FOR DONATIONS

**Without access to free school meals through the summer holidays the amount of local families needing our service will increase. With this in mind we urge you to continue your support.**

#### John's\* story

John\* has recently resumed care of his 5 children and the food parcels will support feeding the family until benefits are in place. He was recently made redundant and is now working part time. John has been supported in making his benefits claim and Social Services are aiding with the transition.

#### Mary's\* Story

Mary\* has 2 children and her husband works part time. The family are struggling to budget on their benefits because of debt. The food parcel provided some financial relief. The couple have attended a drop in session with the Debt First Aiders who have helped them to budget their finances.

### FEED Volunteers

A huge part of the FEED project is our volunteers who give up their time every week. Without them we wouldn't be able to support all of the people we do. THANK YOU to all of our volunteers!

If you'd like to volunteer

**Thank you to all who have donated and provided essential support for local people in crisis.**

**Every Item Counts!!**