



**EAST DURHAM TRUST
FEED PROJECT
(Food Emergency East Durham)**

December 2014

FEED Update

Public donations have helped to create **Food parcels** which have been delivered to people in crisis situations – examples have included individuals suffering mental health problems, temporary residents in a Women's Refuge, individuals starting employment with a gap in their income, victims of robbery, families affected by changes to benefits, plus many more situations which can spiral individuals and families into a crisis.

Needless to say they made a massive difference to the recipient.

Gemma's Story

Gemma* has been referred to East Durham Trust by her GP. She suffers from anxiety and depression and has found herself in need of a food parcel due to a change in benefits. Gemma has been provided a food parcel and signposted to her local CREE group and Colour Your Life classes. She is also receiving support from Welfare Rights to appeal the benefits decision and is feeling much better already.

To date a staggering:

2178 adults

1177 children

**Have been supported
by FEED**



East Durham Trust
Moving our community forward



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Ian's Story

Ian is a Veteran who was referred in crisis as he had missed his appointment at his work programme as unfortunately he was unwell. He had to walk 6 miles every day to attend the session with the threat that his benefits would be sanctioned, putting his partner and children in crisis also. As well as attending the work programme he was close to completing a driving course which would guarantee him work. Giving the family a food parcel supported them through the difficult period until further help could be sought.



Thank you to all who have donated and for caring about others less fortunate than ourselves.

Unfortunately there are still many individuals and families finding themselves in crisis situations and in need of your invaluable support.

We are grateful for any donations you can make.

Every Item Counts!!

Lisa's Story

Lisa* from Horden has recently been in trouble with the police for stealing bread and milk from her local shop. She has had no benefits since August due to a sanction. She has received support from a Welfare Champion who referred her to the FEED project as well as to East Durham Homes. The Welfare Champion also made a call to Welfare Rights on Lisa's behalf to look into appealing.